

## Active Ageing – Juniors for Seniors-Program in Bad Kötzting

21.4.2022 Arrival (For all friends who are travelling by plane: Only Munich Airport is possible!)

18.00 Official opening of the event  
(Kurpark-Pavilion next to the Douzelage stone circle)

19.00 Dinner

22.4.2022 Location: Benedikt-Stattler-Gymnasium (Grammar school of Bad Kötzting)

9.00 Opening speeches

9.30 Workshop 1: Informing about the results of the questionnaires

9.45 Discussion in Groups – In the end: Presentation of the results

11.30 Coffee break

11.30 Workshop 2: Living together in Europe: How do citizens live in our twin towns?

Please prepare a short presentation about the following questions:

- How do people (students, (young) families, seniors) live in each town?
- Is it easy to buy or built a house in your town? If not, why?
- Do older people still live in a house without using every room while young families live in small flats because they don't find houses?
- Do you have institutions where juniors and seniors are living together?
- Are there living spaces explicitly for juniors/seniors?
- Are demographic and social changes to be expected in your city that will change the way people live? What are the solutions to the challenges of the future?
- What problems and solutions exist in your city/country about housing?
- Is there a governmental contact point in your city/country that is dedicated to the topic of "housing"? What do they offer?
- Are there any projects in your city on the topic of "shared appartements for juniors/seniors"?

It would be nice if you could show us some best practice examples about this topic in your town. You do not have to answer every question in detail. The main idea is to get new inspirations and find new practice-solutions, if cities have the same housing-situation.

- 13.00 Lunch
- 14.00 Workshop 3: Visiting the town in groups:
- Elderly home in combination with a child day care centre
  - “House of encounter” (Youth centre, Sport facilities, Contact point for senior citizens and young people)
  - Opportunities for preventive health care for citizens and tourists at the health location Bad Kötzing
  - And more...
- We can't tell you the detailed program yet. It depends on the COVID-Regulations during our meeting. But we will tell you shortly before the weekend.
- 16.30 Final discussion and conclusions - one rapporteur from each group
- 17.00 End of the event
- 18.30 Dinner – Celebrating a Europe for everyone

23.04.21

We will offer you an interesting program to get to know Bad Kötzing and its surrounding Region until noon (one Dinner included). This could be:

- Visit of our SPA AQACUR (please bring swimwear with you)
- Walking on the Planet-Way with a visit of our Geodetic Observatory in Wettzell and an art gallery
- Hiking on the mountain “Kaitersberg”

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