



## Juniors for seniors – active ageing

Event: **NO 3**

**Kőszeg, Hungary**



No 612722-CITIZ-1-2019-1-SI-CITIZ-NT  
Start date: 26. 08. 2021  
End date: 29. 08. 2021



Co-funded by the  
Europe for Citizens Programme  
of the European Union

## WELCOME FROM THE MAYOR

**Dear partners, dear guests,**

I don't even remember how I started my greeting one year ago, when this meeting should have been organized. Unfortunately, the pandemic cancelled our plans. A week before the meeting we are still praying to avoid another delay, and you can come to our charming town, which is often called the Baroque Pearl of Hungary. All visitors agree, that both the natural and man-made environments are remarkable in the whole country. Our rich history, heroic fight against the Osman army made us known all over the world. No miracle, that our town has so many international connections, being the member of the Douzelage, Jumelage, and having 5 bilateral twin towns.



The town itself and its associations have been active in international projects. We all believe that during the discussions, workshops we can learn methods, good practices in different field, and we also can show how we solve different problems, overcome difficulties.

This current project is particularly important for us, as there are many seniors living in our town, and they need the help of juniors. The past two events were mutually beneficial, participants exchanged their experiences and that's what we all are waiting from the third event here, in Kőszeg.

Nowadays travelling and communication is much easier than a few decades ago, particularly behind the iron curtain. We all must be happy and grateful that those obstacles don't exist anymore, but we still must work on teaching – not only – seniors getting acquainted to modern communication, taking advantages of IT. I am sure, this event will highly contribute to this aim.

Thank you all for joining us and I wish a fruitful conference and a pleasant stay in Kőszeg.

## ABOUT THE PROJECT - „Juniors for seniors – active ageing”

Municipality Škofja Loka – as a leading partner - together with 11 partner municipalities applied for an international project EUROPE FOR CITIZENS – „Juniors for seniors – active ageing”.

Within this network of 12 towns, the project aims at advancing the discussion on the future of Europe with a special focus on the topic of Europe's aging population and the issues arising from this. The project will address the Euroscepticism among seniors and will investigate the possibilities for more active engagement and intergenerational activities.

The main activities of this project consist of 6 events, which were planned to take place in 5 partner towns. Due to the Pandemic, the events were re-scheduled as described below:

1. Škofja Loka, Slovenia (26.9.2019 – 28.9.2019)
2. Škofja Loka, Slovenia (3.9.2020 – 5.9.2020)
3. **Kőszeg, Hungary (26.8.2021 – 29.8.2021)**
4. Judenburg, Austria (23.9.2021 – 25.9.2021)
5. Bad Kötzting, Germany (to be defined later)
6. Škofja Loka, Slovenia (to be defined later)

## PARTICIPANTS

Due the Corona-virus pandemic the participants will come from the partner towns and will be present on the event. Some towns will not be represented due to the travel restrictions. They will be informed through the detailed description of the event.

## AGENDA

The main topic of the 3rd event will be the relationship of juniors and seniors, how education and travel possibilities have changed during several decades and the e-education of seniors.

### August 26, Thursday

- afternoon Arrival
- 15:00–18:00 **Registration** *Hotel Harangtorony*
- 18:00 **Opening ceremony** *Auditorium of the Lutheran Secondary School*  
Moderator: *Roxána Takács*  
Welcome speeches by *Balázs Mesterházy* headmaster of the school, *István Mátrai*, president of Town Twinning Association. Very short introduction of the delegations. Gifts for the Town Twinning Park.
- 19:00–21:30 **Dinner** *Restaurant of Hotel Harangtorony*
- 21:30– **Free time**

### August 27, Friday

- 09:00 **Opening of the conference** *Auditorium of the School*  
Moderator: *Ágnes Lepold*  
Welcome speeches by *Béla Básthy*, Mayor of Town Kőszeg; *Annie Kruytbosch*, President of the Douzelage.  
Introduction of the ACTAGE project by *Miha Ješe*, head of applicant org.  
Introduction of the Kőszeg program *Ilona Tálos*, organizer.
- 9:30 **Short lectures** *Auditorium of the School*  
1. You will be old, as well. *Claire Strasbaugh*  
2. Presentation of the questionnaire results *Andrea Bancsó* and *Anna Heitler*
- 10:15 **GENERATIONS** *4 classrooms of the School*  
Groupwork in 4 mixed groups (by age and nation)  
1. What I like/dislike about young people/old people (Leader: *Mira Kuthi*)  
2. Stereotypes about young people/old people (Leader: *Hanna Andrasek*)  
3. What am I/am I not envious of young/old people (Leader: *Bence Végh*)  
4. The good effects and bad effects of the pandemic on the relationship between young people and seniors (Leader: *Hajnalka Reznér*)  
Group leaders will take notes (with notebook), summarize the outcome of the groupwork.
- 10:45 **Coffee break** *In front of the Auditorium*
- 11:15 **Report of the group work** *Auditorium of the School*  
(by group leaders or elected spokespersons), 6 min each
- 11:45 **„Ridikül”** – after a popular TV program in Hungary. *Auditorium of the School*  
Interviews in two topics:  
- Communication earlier and now  
- Travelling opportunities earlier and now  
(Two Hungarian reporters: *Anna Benedikti* and *Hanna Andrasek* talk with 8 pre-invited participants about the topics mentioned above.)

- 13:00 **Lunch** *Restaurant of Hotel Harangtorony*
- 14:30 **Workshop:** Changing educational methods (Prussian, modern, digital)  
Short video *Auditorium of the School*  
**Discussion in three groups:** *3 classrooms of the School*
- Youngsters (*Leader: Jázmin Fazekas*)
  - Teachers (*Leader:* )
  - Other adults (parents, grandparents, etc.) (*Leader:*)
- 15:15 **Report of the workshop:** *Auditorium of the School*  
by leaders or elected spokespersons
- 15:45 **Coffee break** *In front of the Auditorium*
- 16:15 **Building Generation Bridge:** *Auditorium of the School*  
Good practices in my country. Possible topics:
- teaching IT for seniors
  - social inclusion of seniors
  - maintaining physical and mental fitness of seniors
  - what do seniors get from youngsters and vice versa?
- 17:15 **Competition** *Auditorium of the School*
- 17:30 **Closing the daily work**
- 18:30–22:00 **Dinner and cultural program** *Winegarden Tóth*
- 22:00 – **Free time**

#### August 28, Saturday

- 09:30 **Presentation** *Hunyadi Park*  
Presentation of the Turkish Siege and apparition of St. Martin by Botond Tóth and László Hernigl)
- 10:30 **Guided tour** in 2 groups
1. in English (23 participants) – Gábor Győrffy
  2. by bike (13 participants) – Andrea Bancsó, Ágnes Lepold
- 12:30 **Visit to the Town Twinning Park** – Brigitta Gertner
- 13:15 **Lunch** *Winegarden Stefanich*
- 14:30 **Excursion to Iron Curtain Museum** *Felsőcsatár, by bus*
- 18:00 **Arrival from the excursion**
- 19:00 **Performance** of music group Cirákulum *Juristics Castle*
- 20:00 **Farewell dinner** *Juristics Castle*
- 22:30 – **Free time**

#### August 29, Sunday

**Departure**

## LIST OF PARTICIPANTS:

**Agros, Cyprus**  
Nikolaos Christofi  
Chloe Protopapa

**Bad Kötzting, Germany**  
Wolfgang Kerscher  
Agatha Kerscher  
Julian Preidl  
Alexander Lucas Hampel  
Corinna Barbara Hacker

**Chojna, Poland**  
Michalina Czubak  
Konrad Miler  
Janusz Salamończyk  
Renata Czubak

**Judenburg, Austria**  
Thorsten Wohleser  
Elke Florian  
Gernot Bittlingmaier  
Andrea Pichlmair

**Kruja, Albania**  
Drini Masha  
Florind Cerhozilida  
Cerhozilva Hoxha

**Meerssen, Netherland**  
Annigje Kruytbosch  
Lonneke Frijns  
Megan Melleney

**Holstebro, Denmark**  
Mette Grith Sørensen

**Rokiškis, Lithuania**  
Paulina Lasaite  
Irena Mateliene  
Greta Giriunaite

**Siret, Romania**  
Tiberiu Rotaru  
Ecaterina-Liliana Mocrei  
Otilia-Mihaela Mațner

**Škofja Loka, Slovenia**  
Miha Ješe  
Sabina Gabriel  
Nika Pustišek  
Jera Ziherl  
Ana Prevc Megušar

**Sušice, Czech Republic**  
Kristina Volná  
Anežka Nová  
Nikola Káňová

**Tryavna, Bulgaria**  
Dimitar Metodiev  
Nikolay Iliev

**Zvolen, Slovakia**  
Zuzana Almáši Lászlóová  
Michal Almáši  
Lenka Kotručová  
Tatiana Komorná

**Kőszeg, Hungary**  
Béla Báthly  
Balázs Mesterházy  
Krisztián Schlögl  
Brigitta Gertner  
Ágnes Lepold  
Andrea Bancsó  
Hajnalka Rezner  
Claire Strasbaugh  
Adrienn Tóth  
Szilvia Andrea Nagy OP  
Henrietta Várvi  
Adrienn Kuzmiczky  
Botond Tóth  
László Hernigl  
Zsigmond Kocsis  
Vera Kocsis  
Ágnes Táncsics  
Eleonóra Keresztes  
IlonaTálos  
István Mátrai  
Roxána Takács  
Liliána Schmidt  
Jázmin Fazekas  
Míra Kuthi  
Julianna Oláh  
Hanna Rodler  
Edward Bodizs  
Anna Virág Tóth  
Anna Heitler  
Kilián Őri  
Csenge Kolnhofer  
Végh Bence  
Anna Benedikti  
Viola Panna Németh  
Laura Balogh  
Ármin Kiricsi  
Hanna Andrasek